

Baby Proofing Checklist

Before you begin baby proofing, spend time examining your house. Crawl around on your hands and knees at their level to notice potential hazards. It is also smart to decide on what you want to baby proof and get a count before you purchase items.

General

- Make sure all blinds cords are wrapped in cord winders, or out of reach
- Cover all outlets with outlet covers
- Install gates at top and bottoms of staircases
- Cover any openings more than 4 in with plexi-glass, garden fencing or other material to secure the opening
- Make sure all doors that lead outside are secure

Kitchen

- Move hazardous materials to out of reach cabinets
- Cabinets with hazardous materials (cleaning supplies, trash and food) that are in reach need to be secured by cabinet locks
- Other cabinets that you do not want your child to play in (pots, pans, etc) need to be secured with cabinet locks
- Secure walk in pantries with door locks
- Ovens with knobs on the front need knob covers
- Secure oven and refrigerators that are in reach

Living Room

- Secure bookshelves, media consoles, low TV's and any other furniture to the wall using wall straps
- Cover sharp corners and edges on furniture with corner protectors
- Look under tables for loose screws or splinters
- Look under couches for objects that pose choking hazards
- Secure any cabinets you do not want your child playing in
- Check the list of poisonous plants
- Secure flat screen TV's that are in reach
- Move breakable or harmful items (scented oils, heavy decorative items, etc) out of reach



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Bathroom

- Secure cabinets with cabinet locks
- Secure toilet with toilet locks
- Make sure medications are out of reach and secure
- Install a spout cover in the bathtub

Laundry Room

- Secure the laundry room door with door locks
- Secure any drawers or cabinets that contain hazardous items with locks

Child's Room

- Do not put anything over the crib (mobile is fine until child can sit)
- Make sure there is nothing in reach of the crib (cords, drapes, etc)
- Do not use drop side cribs
- Do not use bumpers
- Make sure lotions, diaper creams and other medications are out of reach
- Secure cabinets and doors with finger pinch preventers
- Remove all blankets, stuffed toys and pillows from crib
- Use only a certified crib sheet; no fluffy bedding

Pool Areas

- Erect fencing around [pools](#) at least 4 feet high with a self-closing, self-latching gate
- Empty all baby pools after use